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"Avoid Self-Sabotage"

WORDS THAT SABOTAGE INCOME, OUTGO, BANK ACCOUNTS, TOTAL WEALTH

~ Anne Kunath

Somerset Maughan wrote in The Razor's Edge": "For men and women are not only themselves: they are the region in which they were born, the city apartment in which they learned to walk, the games they played as children, the old wives tales they overheard, the food they ate, the schools they attended, the sports they followed, the poems they read, and the God they believed in."

1. THE IMPORTANCE OF UNDERSTANDING WHAT YOUR WORDS MEAN

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2. THE PURPOSE OF THE SUBCONSCIOUS IN WHAT YOU SAY

3. WORDS WITH DOUBLE MEANINGS

4. HOW YOU ARE INFLUENCED BY OTHERS WORDS

5. THE INFLUENCE YOUR WORDS HAVE ON OTHERS

6. FACTS! HOW ACCURATE ARE THEY?

7. EFFECTIVE AFFIRMATIONS FOR REALIGNING YOURSELF